



### **Detoxify XXtra Clean Directions**

On the day you want to be toxin free, begin your cleansing program with XXtra Clean. Shake the XXtra Clean well and drink entire contents of the bottle. Wait 15 minutes. Refill the XXtra Clean bottle with water – shake and drink. Urinate frequently. Maximum effect is at three hours.

### **Toxin Rid Pre cleanse Pills Directions**

On the day before you want to be toxin free, take the six Toxin Rid Pre cleanse Pills one an hour with six 16-ounce glasses of water.

### **To enhance XXtra Clean's effectiveness:**

- Eat light meals including fruits, vegetables, and fiber during your cleansing program with XXtra Clean.
- Exercise regularly, and drink at least 12 8oz glasses of water in the days prior to using XXtra Clean.
- Detoxify XXtra Clean detox drink is a tropical fruit-flavored dietary supplement. Statements made about XXtra Clean have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
- Pregnant or breastfeeding women should consult their physician before using XXtra Clean detox drink.
- Contains - Vitamin A, Vitamin C, Vitamin D, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Magnesium, Zinc, Selenium, Manganese, Chromium, Potassium, Creatine Monohydrate and Glucuronolactone.
- Herbal - Nettle , Ginseng, Dandelion, Milk Thistle, Hawthorne Berry, Uva Ursi, Mullein Leaf, Stevia and Fruit Fiber.

**Toll Free (866) 837-8253**