



Detoxify Mega Clean Directions

On the day you want to be toxin free, begin your cleansing program with Mega Clean. Shake the Mega Clean well and drink entire contents of the bottle. Wait 15 minutes. Refill the Mega Clean bottle with water – shake and drink. Urinate frequently. Maximum effect is at three hours.

Toxin Rid Pre cleanse Pills Directions

On the day before you want to be toxin free, take the six Toxin Rid Pre cleanse Pills one an hour with six 16-ounce glasses of water.

To enhance Mega Clean's effectiveness:

- Eat light meals including fruits, vegetables, and fiber during your cleansing program with Mega Clean.
- Exercise regularly, and drink at least 12 8oz glasses of water in the days prior to using Mega Clean.
- Detoxify Mega Clean detox drink is a tropical fruit-flavored dietary supplement. Statements made about Mega Clean have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
- Pregnant or breastfeeding women should consult their physician before using Mega Clean detox drink.
- Contains - Vitamin A, Vitamin C, Vitamin D, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Magnesium, Zinc, Selenium, Manganese, Chromium, Potassium, Creatine Monohydrate and Glucuronolactone.
- Herbal - Nettle , Ginseng, Dandelion, Milk Thistle, Hawthorne Berry, Uva Ursi, Mullein Leaf, Stevia and Fruit Fiber.

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